



PERIDOT SPA

OPENING DAILY: 09:00 - 22:00
LAST APPOINTMENT BEFORE 21:00



www.peridotgrandhotel.com

Revitalizing Moment

30 to 45 minutes packages are perfect for guests who are short on time and need a pick me up. Select the most suitable treatments for you:

- **Head massage 30'** **450,000**
- **Foot Rest 45'** **670,000**
- **Head, neck, back and shoulder massage 45'** **670,000**





Facial Treatment

Basic Facial Care 45'

710,000

A facial therapy that is designed to clean, exfoliates, and nourishes the skin, promote a clear, well-hydrated complexion and can help your skin look younger and brighter.

Natural Facial Care 60'

920,000

This treatment will smooth and soft your complexion through a deep pour cleansing process, followed by skin balancing and nourishing mask which using only natural and organic product.

Choose the mask that best suitable with you:

- Yoghurt
- Rice bran

Purifying and Rejuvenating Face Treatment 60' **1,050,000**

A gentle cream mask with two types of clay to leave the skin pure and matte and reduce the appearance of imperfections. The pores of your skin are tighter and your skin is appears normal as if it has been rebalanced

Hydrating Lifting Facial 60'

1,070,000

The creamy mask immediately delivers an immediate hydration boost to the skin leaving it soft and supple. Combined with a special massage, the result is a deeper stimulation that lifts, firms and enhances production of natural proteins, like collagen and elastic.

Body Massage

Swedish Therapy 60'/90'

850,000/ 1,190,000

The Swedish massage focuses on smoothing and gentle pressure to affect positively all the physical functions and systems of the body, such as movement, flexibility, and coordination. So, it increases the blood's oxygen flow, assist in toxin removal from the muscles, enhance mood and reduce stress.

Stress Release Therapy 60'/90'

950,000/ 1,300,000

This massage works on the muscle, scar tissue and fibrous connective tissue in the body to release tension blockages and knots that have accumulated over time. Pressure point technique focus on kneading and working out the knots in the muscles that help to warm relax muscles and improve sense of well-being.

Hot Stone Massage 60'/90'

1,050,000/1,380,000

As the name implies, hot stone massage uses heated and smooth stones which are moved through wholebody and placed on certain points to warm and loosen tight muscles and balance energy centers in the body. By increasing blood flow and breaking down fine scar tissue between the muscle fibres, this massage leaves you more flexible, and less vulnerable to pain and tension. Recommended for those whose stress builds in the shoulders.

Thermal Himalayan Salt Therapy 60'/90'

1,070,000/1,400,000

Mineral-rich Himalayan pink salt is used as a compress in combination with a deeply relaxing massage that relieves muscle tension and body tiredness. The beneficial effects come not only from the heat of the compress and the massage itself. Your skin also will feel more refreshed and lightly exfoliated by the glide from salt stones that are smooth and rounded.

Peridot Traditional Herbal Therapy 60'/90'

1,090,000/ 1,420,000

This heated compress of aromatic herbs and spices creates a heavenly massage treatment. The blend of herbs used in the compresses not only help with aches and pains in the body but also have a relaxing effect on the mind and provide you with a positive boost in energy. Your stress will melt away



Foot Care

Foot Massage 60'

750,000

Our foot which bears the weight of the whole body allows locomotion and does a lot of work. To pamper your feet and keep them strong and flexible, give your legs the tender loving care they deserve. Foot massage brings long-term benefits for taking care of tired feet, bringing relaxation with gentle pressure and internal organ stimulation by deep pressure. This foot massage allows you to relax and have your feet soothed and pampered by our therapist.

Hot Stone Foot Massage 60'

810,000

Foot massage is actually healing. A very large number of nerve endings are concentrated on the soles are spread in all other parts of the body. Warmed stones placed on top of one's legs and feet are used in conjunction with reflexology techniques which is perfect remedy, helps release toxin from the muscle, clear away blocked capillaries while balancing your body and spirit.

Special Foot Treatment 75'

960,000

This treatment blends the great traditional massage with scrubbing away dead skin giving your feet a surprising number of health benefits. There are many therapeutic benefits for increasing blood flow, relaxing muscles, reducing stiffness in joints, gives thorough care to the whole of your feet as well as creating energy for your entire body.



Body Scrub 45'

Using a body scrub regularly will make your skin look more vibrant and youthful. The nice thing with body scrubs is that you can enjoy a wide array of ingredients without having to worry as much about sensitivity, since the body is usually less sensitive than the face.

- **Coffee & Milk** **860,000**
- **Dead Sea Salt & Olive Oil** **960,000**

Body Wrap 45'

Would you love yourself a good spa treatment while moisturizing your body, cleaning your body from toxins and improving the texture? Body wrap treatment is perfect for you! This treatment use special product has natural vitamin and minerals which is harnessed in a range of effective body treatments.

- **Fresh Milk & Mud** **940,000**
- **Fresh Milk & Seaweed** **920,000**

Notes: Head massage is included for all Body Scrub and Wrap

Extra Pampering

- **Sauna 20'** **275,000**
- **Steam 20'** **275,000**
- **Jacuzzi 20'** **275,000**



90-Minute Package

90 minute packages are for guests who are short on time and need relaxation. This package combines two of our most popular treatments into great value packages. Below are suggestions and everyone is free to choose either option.

Lady Package 90' **1,320,000**

- Stress Release Therapy
- Refresh Facial

Gentlemen Package 90' **1,320,000**

- Stress Release Therapy
- Foot Care

Peridot Spa Package

Harmony Package 2hr35'

2,190,000

- Foot Rest 45'
- Coffee & Orange Body Scrub 45'
- Basic Facial Care 45'

Blooming Life Package 3hr35'

3,070,000

- Stress Release Therapy 90'
- Fresh milk & Seaweed Wrapping 45'
- Natural Facial Care 60'

Body & Soul Package 3hr55'

3,290,000

- Sauna/ Steam 20'
- Hot Stone Massage 90'
- Fresh Milk & Mud Wrapping 45'
- Natural Facial Care 60'

Heavenly Relax Package 3hr55'

3,020,000

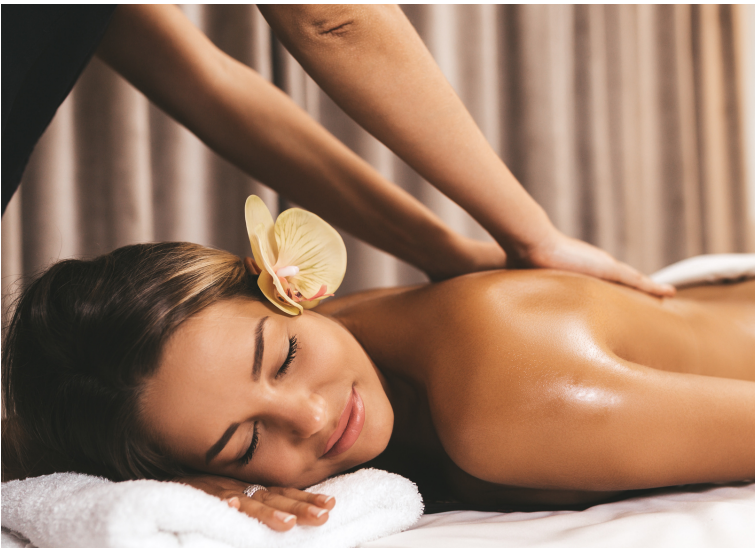
- Sauna/ Steam 20'
- Thermal Himalayan Salt Therapy 60'
- Special Foot Treatment 75'
- Purifying and Rejuvenating Face Treatment 60'

Royal Full Spirit Package 4hr25'

4,050,000

- Sauna/ Steam 20'
- Peridot Traditional Herbal Therapy 90'
- Hydrating Lifting Facial 60'
- Dead Sea Salt & Olive Oil Scrubbing 45'
- Foot Care 30'

Notes: Jacuzzi (20mins) is included for all packages.



ABOUT US

Welcome to Peridot Spa and enjoy the luxury of relaxation.

Discover an inspiring range of soothing and luxurious spa treatments and therapies.

Our spa menu of body massages, wrap & scrub uses natural healing ingredients and essential oils. Enjoy the feeling of complete bliss and a sense of peace. Treat yourself to therapies which bring rejuvenation, relaxation and energy balance.

Peridot Spa offers a journey of reawakening. Across the globe, we integrate local spa rituals with indigenous ingredients, a profoundly therapeutic touch, and a gentle sense of joy and discovery. Peridot Spa seeks to balance both guests' inner and outer worlds to allow a return to peace and emotional happiness. Specifically, ancient healing modalities such as Himalayan Salt Stone Treatment and Peridot Signature Treatment are the most favorite of tourists.



PERIDOT SPA

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